

**BREAKFAST PRICES**

Paid Breakfast \$1.35  
 Reduced Breakfast \$ .30  
 Adult Breakfast \$1.90

Please choose at least 3 of the 4 items offered for the school breakfast price.

**Hot or Cold Entrée**

(Contains: 2 servings of bread or 2 servings meat/ meat alternate or 1 serving bread & 1 serving meat/ meat alternate)

**Fruit or 100% Fruit Juice**

**Choice of Milk**

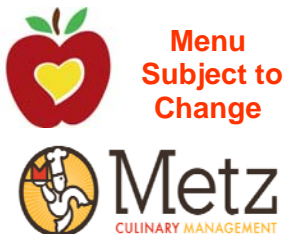


**Fruit Choices May Include:**

- 100% Orange Juice
- 100% Apple Juice
- 100% Grape Juice
- 100% Blueberry Juice
- Apples, Fruit Cocktail, Oranges, Peaches & Pears

**Choice of Milk:**  
 Fat Free White  
 1% White

- Fat Free Chocolate,
- Fat Free Orange Cream
- Fat Free Strawberry & Fat Free Vanilla



**Moon Area School District  
 High School Breakfast Menu  
 February 2012**



Christie Leiningner  
 Food Service Director  
 412-264-9440 X 1129  
 cleiningner@moonarea.net

**Breakfast Includes:**

- Choice of **Featured Entrée**
- Or **Daily Entree**
- Choice of **Fruit or 100% Juice**
- Choice of **Milk**

**Available Everyday:**

- Assorted Cereal & Graham Crackers**
- Choice of:  
 Fruit or 100% Juice  
 Choice of Milk
- Pop Tart & Graham Crackers**
- Choice of:  
 Fruit or 100% Juice  
 Choice of Milk
- Yogurt & Graham Crackers**
- Choice of:  
 Fruit or 100% Juice  
 Choice of Milk
- Bagel**
- Choice of:  
 Fruit or 100% Juice  
 Choice of Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>For account, free and reduced lunch information</b> please call the Food Service Office at 412-264-9440 X 1123</p>		<p>1 <b>Flap Stick</b> (sausage wrapped w/ pancake)                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>2 <b>Breakfast Pizza</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>3 <b>Sprinkle Donut</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>
<p>6 <b>French Toast Sticks</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>7 <b>Breakfast Sandwich</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>8 <b>Flap Stick</b> (sausage wrapped w/ pancake)                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>9 <b>Breakfast Pizza</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>10 <b>Sprinkle Donut</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>
<p>13 <b>French Toast Sticks</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>14 <b>Breakfast Sandwich</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>15 <b>Flap Stick</b> (sausage wrapped w/ pancake)                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>16 <b>Sprinkle Donut</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>17 <b>NO SCHOOL</b></p>
<p>20 <b>NO SCHOOL</b></p>	<p>21 <b>Breakfast Sandwich</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>22 <b>Flap Stick</b> (sausage wrapped w/ pancake)                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>23 <b>Breakfast Pizza</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>24 <b>Sprinkle Donut</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>
<p>27 <b>French Toast Sticks</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>28 <b>Breakfast Sandwich</b>                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>29 <b>Flap Stick</b> (sausage wrapped w/ pancake)                      Choice of Fruit or 100% Juice                      Choice of Milk</p>	<p>Please make checks payable to: <b>Moon Area Food Service</b>                      Money may also be deposited into your child's account online at <a href="http://www.payforit.net">www.payforit.net</a></p>	

**No time for Breakfast?**  
 According to a research article in the Journal of the American Dietetic Association, eating breakfast improves learning and overall health among children and adolescents.